EVIDENCE-BASED PRACTICES* / SERVICE STRATEGIES

For each service, at least one EBP/SS code must be chosen from either Option 1 or Option 2. Codes may NOT be combined from Option 1 and Option 2 for a single service.

Option 1 Codes:

Choose one (1) of the following two codes any time a service is *neither* a <u>specific service</u> of an Evidence-Based Practice (EBP) *nor* a Service Strategy.

If either of the following codes is chosen, no additional codes should be selected for the service:

00 = No EBP/SS No Evidence-Based Practice/Service Strategy
99 = UK EBP/SS Unknown Evidence-Based Practice/Service Strategy

Option 2 Codes (DO NOT select any codes in this Option if you have already used Option 1):

Under this option, you may choose one of the following:

- One (1) Evidence-Based Practice (EBP) and no Service Strategies; or
- One (1) Evidence-Based Practice and up to two (2) Service Strategies (SS) or
- Up to three (3) Service Strategies (SS)

Evidence-Based Practices (EBPs): Only One EBP Code May Be Selected

| Code | Code Abbrv. | Code Name |
|-----------|--------------------|--|
| 01 | EBP ACT | Assertive Community Treatment |
| 10 | EBP MST | Multisystemic Therapy (both PEI and non-PEI) |
| 11 | EBP FFT | Functional Family Therapy (both PEI and non-PEI) |
| 2A | Brf Strat FamTher | Brief Strategic Family Therapy |
| 2B | CPP Chld-Prnt Ther | Child-Parent Psychotherapy (CPP) |
| 2C | CBITS | Cognitive Behavioral Intervention for Trauma in Schools (CBITS) |
| 2F | DTQI-Dep Treat QI | Depression Treatment Quality Improvement Intervention |
| 2J | Group CBT Maj Dep | Group CBT for Major Depression |
| 2L | Incredible Years | Incredible Years (IY) |
| 2M | IPT Depression | Interpersonal Psychotherapy for Depression (IPT) |
| 2P | Multidim Fam Ther | Multidimensional Family Therapy |
| 2R | PCIT | Parent-Child Interaction Therapy (PCIT) |
| 2T | Prolong Exps PTSD | Prolonged Exposure for PTSD (PE-PTSD) |
| 2V | Strengthen Famili | Strengthening Families |
| 2W | Trauma Foc CBT | Trauma Focused CBT (TF_CBT) |
| 2Y | Triple P | Triple P Positive Parenting Program |
| 3B | Caring Our Famili | Caring for Our Families |
| 3D | GLBT Champs | GLBT Champs |
| 3E | LIFE Program | Loving Intervention for Family Enrichment (LIFE) Program |
| 3M | UCLA Ties | UCLA Ties Transition Model |
| 4A | ART-Aggress Replc | Aggression Replacement Training (ART) |
| 4B | Altrnatv for Fmly | Alternatives for Families/Abuse Focused CBT (AF-CBT) |
| 4D | CORS-Crisis Recov | Crisis Oriented Recovery Services |
| 4E | EDIPP | Early Detection and Intervention for the Prevention of Psychosis (EDIPP) |
| 4K | MAP-Mng Adap Prac | Managing and Adapting Practice (MAP) |
| 4N | Seeking Safety | Seeking Safety |
| 7A | START | School Threat Assessment Response Team (START) |
| 7B | Stigma-Discrim | Stigma and Discrimination |
| 7C | Suicid Prev HotIn | Suicide Prevention Hotline |
| 7D | PC Latina Youth | Pacific Clinic's Latina Youth Program |
| 7E | HlthCarePtnr+60 | Health Care Partners +60 |

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Evidence-Based Practices (EBPs): Only One EBP Code May Be Selected (Con't)

| Code Abbrv. | Code Name |
|--------------------|--|
| Suicide Prev Spec | Suicide Prevention Specialist Team |
| OA Primary Care | Older Adult Primary Care Partnership |
| Prtnr Hosp Aftrcre | Partnership with Hospitals for aftercare |
| Surviv Supp Grp | Support Group for Survivors and Bereaved |
| Trng Comm Partner | Training Community Partners |
| Prtnr Law Enforce | Partnerships with Law Enforcement and First Responders |
| Onlin Suicde Prev | Distant and On-Line Learning for Suicide Prevention |
| SchBase MH PEI OE | School-based Targeted MH Prevention and Early Intervention-Outreach & |
| | Engagement |
| PEERS | PEERS – Embracing Empowerment and Resilience Support Network |
| ESI - MH Consult | Early Screening, Identification and Mental Health Consultation |
| Prtnr Student Ach | Partners in Student Achievement |
| | Suicide Prev Spec OA Primary Care Prtnr Hosp Aftrcre Surviv Supp Grp Trng Comm Partner Prtnr Law Enforce Onlin Suicde Prev SchBase MH PEI OE PEERS ESI - MH Consult |

Service Strategies

| Code Abbrv. | Code Name |
|------------------|---|
| SS Peer &/or Fam | Peer and/or Family Delivered Services |
| SS Psy/Edu | Psychoeducation |
| SS Fam/Sup | Family Support |
| SS Sup/Edu | Supportive Education |
| SS Ptnr LawEnf | Delivered in Partnership with Law Enforcement (includes courts, probation, |
| | etc.) |
| SS Ptnr HlthCare | Delivered in Partnership with Health Care |
| SS Ptnr SocSvcs | Delivered in Partnership with Social Services |
| SS Ptnr SubAbuse | Delivered in Partnership with Substance Abuse Services |
| SS Integ Aging | Integrated Services for Mental Health and Aging |
| SS Integrated DD | Integrated Services for Mental Health and Developmental Disability |
| SS Eth-Spc. | Ethnic-Specific Service Strategy |
| SS Age-Spc. | Age-Specific Service Strategy |
| | SS Peer &/or Fam SS Psy/Edu SS Fam/Sup SS Sup/Edu SS Ptnr LawEnf SS Ptnr HlthCare SS Ptnr SocSvcs SS Ptnr SubAbuse SS Integ Aging SS Integrated DD SS Eth-Spc. |

For instructions regarding the use of the codes and appropriate combinations of codes, please go to the following link: http://dmh.lacounty.gov/hipaa/CR48.html

Note:

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^{*} For the purposes of this document, EBPs will also include Community-Defined Evidence (CDE), Promising/Pilot Practices (PP) and Other and is categorized as a Program.